

Identification of 3 α , 17 α , 21-Trihydroxy-5 α -pregnane (Allotetrahydro-17 α -hydroxy-cortexone) and 3 α , 21-Dihydroxy-5 α -pregnane (Allo-tetrahydro-cortexone) in Human Urine

During the past few years, several corticosteroids with an α -ketolic side chain and a 5 α -pregnane configuration, have been identified in human urine. These are: 3 α , 11 β , 17 α , 21-tetrahydroxy-5 α -pregnane 20-one (allo-tetrahydrocortisol)^{1,2}; 3 α , 17 α , 21-trihydroxy-5 α -pregnane 11, 20-dione (allo-tetrahydro-cortisone)^{1,3}; 3 α , 11 β , 21-trihydroxy-5 α -pregnane 20-one (allo-tetrahydrocorticosterone)^{4,5}; and 3 α , 21-dihydroxy-5 α -pregnane 3, 20-dione (allo-tetrahydro-11-dehydrocorticosterone)⁶.

In this paper we report the isolation and identification, in human urine, of two new corticosteroids with an α -ketolic side chain and a 5 α -pregnane structure.

500 mg of Metopirone (2-methyl-1, 2-bis(3-pyridyl-1-propanone) were administered to three normal men every 4 h for 24 h and the urines were collected during the 24 h after the last dose. The urines were hydrolysed with enzymes of the succus entericus of *Helix pomatia* and extracted with dichloromethane (3 \times 0.5 vol.). The dichloromethane solution was washed with Na₂CO₃ solution (9% w/v) and subsequently with water.

The material extracted with dichloromethane was chromatographed in the chloroform/formamide system. Three zones were cut from the chromatogram: zone I from the origin to 15 cm; zone II from 15 cm to 25 cm; zone III from 28 cm to the solvent front.

Identification of 3 α , 17 α , 21-trihydroxy-5 α -pregnane 20-one (allo-tetrahydro-17 α -hydroxy-cortexone; allo-THS). Zone II of the chloroform/formamide chromatogram was eluted and chromatographed successively in the di-isopropyl-ether/formamide-water (10/1-1 by vol.), toluene/propanediol, and iso-octane-toluene/methanol-water (4-1/5-5 by vol.) systems. In the di-isopropyl-ether/formamide-water system, a spot reducing tetrazolium blue⁷ and having an R_{THS} ⁸ = 1.48 was detected. After isolation, this substance had the same migration as that of synthetic 3 α , 17 α , 21-trihydroxy-5 α -pregnane 20-one⁹ in the four systems indicated above. The acetate of the isolated compound had the same migration as that of synthetic tetrahydro-17 α -hydroxy-cortexone 3, 21-diacetate in the ligroin/propanediol system.

The product of sodium bismuthate oxidation¹⁰ gave a positive Zimmermann reaction¹¹ and had the same R_f value as androsterone (3 α -hydroxy-5 α -androstan-17-one), both in the ligroin/propanediol system and in the hexane-benzene (1/1 by vol.)/propanediol one. The acetate of the oxidation product had the same R_f value as androsterone

acetate on paper chromatograms, with iso-octane as the mobile phase but without stationary phase¹².

Identification of 3 α , 21-dihydroxy-5 α -pregnane 20-one (allo-tetrahydro-cortexone; allo-THDOC). Zone III of the chloroform/formamide chromatogram was eluted and chromatographed successively in the ligroin/propanediol, iso-octane/propanediol, and iso-octane/methanol-water (5/3-2 by vol.) systems. In the iso-octane/propanediol system, a spot having an R_{THDOC} ¹³ = 1.65 was detected. After elution and chromatography in the systems indicated above, only one spot, giving a positive reaction to tetrazolium blue and having the same migration as that of synthetic allo-tetrahydro-cortexone (allo-THDOC), was found. This substance did not give a positive Porter-Silber test¹⁴.

The Table gives the R_f values for the isolated steroid, synthetic THDOC isomers and, 21-hydroxy-pregnenolone in the three chromatographic systems.

With sodium bismuthate oxidation, the steroid obtained was converted to a more polar substance by the formation of a carboxylic function at C-20 (aetio acid). The R_f value of this product, relative to tetrahydro-cortexone, was 0.35 in the benzene/formamide system. The acetate of the isolated compound had the same migration as that of synthetic allo-tetrahydro-cortexone 3, 21-diacetate, using paper chromatography without stationary phase and iso-octane as solvent. The R_f value of this acetate, compared with that of its axial isomer (3 β , 21-dihydroxy 5 β -pregnane 20-one 3, 21-diacetate) was 1.81. In previous work with these chromatographic systems, we

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⁸ R_{THS} is the R value of the isolated compound relating to tetrahydro-17 α -hydroxy-cortexone (THS) migration.

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R_f values for the isolated compound (Zone III of the chloroform/formamide system) and tetrahydro-cortexone isomers

Steroids	Chromatographic systems		
	Ligroin/propanediol	Iso-octane/propanediol	Iso-octane/methanol-water (5/3-2) v/v
	R_{THDOC} (40 h)	R_{THDOC} (48 h)	R_{THDOC} (15 h)
Isolated compound of Zone III	1.85	1.65	1.60
3 α , 21-Dihydroxy-5 β -pregnan-20-one (THDOC)	1	1	1
3 α , 21-Dihydroxy-5 α -pregnan-20-one (allo-THDOC)	1.84	1.65	1.61
3 β , 21-Dihydroxy-5 α -pregnan-20-one	0.92	0.86	1.16
3 β , 21-Dihydroxy-5 β -pregnan-20-one (3 β -THDOC)	1.66	1.52	1.95
3 β , 21-Dihydroxy-5-pregnen-20-one	0.73	0.60	0.88

observed that, in two steroid series, the acetate of 3 β , 5 β -axial configuration was more polar than that of its 3 α , 5 α -axial isomer.

We used micro-tetrazolium blue reaction for quantitative values, and obtained 200–250 μ g/24 h for allo-tetrahydro-17 α -hydroxy-cortexone and 100–150 μ g/24 h for allo-tetrahydro-cortexone, in the subjects studied.

Discussion. The hormone of the adrenal cortex, 17 α , 21-dihydroxy-pregn-4-en 3, 20-dione (Compound S), is metabolized into different hydrogenated derivatives which have been isolated from human urine. These are: 3 α -17 α , 21-trihydroxy-5 β -pregnane 20-one (tetrahydro-17 α -hydroxy-cortexone-THS)¹⁵; 3 α , 17 α , 20 ξ , 21-tetrahydroxy-5 β -pregnane (hexahydro-17 α -hydroxy-cortexone)¹⁶; 17 α , 21-di-hydroxy-5 β -pregnane 3, 20-dione (dihydro-17 α -hydroxy-cortexone)¹⁷; and 6 β , 17 α , 21-trihydroxy-pregn-4-en 3, 20-dione (6 β , 17 α -dihydroxy-cortexone)¹⁸. The allo-tetrahydro-17 α -hydroxy-cortexone identified in this work, is a new metabolite of 17 α -hydroxy-cortexone. It is to be pointed out that 17 α , 21-dihydroxy-pregnenolone (3 β , 17 α , 21-trihydroxy-pregn-5-en 20-one) can also be converted *in vivo* into allo-tetrahydro-17 α -hydroxy-cortexone, as we have recently shown¹⁹.

The hormone cortexone, 21-hydroxy-pregn-4-en 3, 20-dione, is metabolized into 3 α , 21-dihydroxy-5 β -pregnane 20-one (tetrahydroxy-cortexone)¹⁶ and 21-hydroxy-5 β -pregnane 3, 20-dione (dihydrocortexone)¹⁷. The 3 α , 21-

dihydroxy-5 α -pregnane 20-one (allo-tetrahydro-cortexone), identified in this work, is a new metabolite of this hormone.

Résumé. Le 3 α , 17 α , 21-trihydroxy 5 α -pregnane (allo-tétrahydro-17 α -hydroxy-cortexone) et le 3 α , 21-dihydroxy 5 α -prégnane (allo-tétrahydro-cortexone) ont été identifiés dans l'urine humaine. Ces composés avaient les mêmes migrations chromatographiques avant ou après acétylation ou oxydation que les respectifs stéroïdes de synthèse.

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Release by Sympathetic Stimulation of α -Methylnoradrenaline Stored in the Heart after Administration of α -Methyldopa

α -Methyldopa causes a long-lasting depletion of heart and brain noradrenaline^{1–3}. CARLSSON and LINDQVIST found that α -methyldopamine and α -methylnoradrenaline accumulated in the brain after administration of α -methyldopa. They expressed the view that the decarboxylation products of α -methyldopa may possibly take over the functions of the physiological amines. This hypothesis has gained some support from the observation that transmission over sympathetic pathways is not inhibited in dogs whose noradrenaline stores have been depleted by 56% following α -methyldopa⁴. On the other hand, this loss of noradrenaline may have been insufficient to cause functional failure.

It was demonstrated recently that after administration of α -methyldopa the noradrenaline of the heart is partially replaced by an equipressor amount of α -methylnoradrenaline⁵. In order to find out whether sympathetic stimulation releases α -methylnoradrenaline concomitantly with noradrenaline, we have done the following experiments.

Rabbits were given four intravenous doses of 100 mg/kg of dl- α -methyldopa in the course of two days. 16 h after the last injection, the heart with the sympathetic nervous supply was isolated and perfused⁶. Untreated animals served as controls. The perfusion fluid was collected before, during and after sympathetic stimulation or during an infusion of dimethylphenyl-piperazinium iodide (DMPP). The catecholamines were adsorbed on alumina. After termination of the perfusion experiment, the right ventricle was homogenized in trichloroacetic acid and the catecholamines were adsorbed on alumina⁷. The pressor activity of the alumina eluates was assayed against standard doses of l-noradrenaline and l- α -methylnoradrenaline on the pithed rat. In this test preparation, the ratio

of equipressor doses of l- α -methylnoradrenaline/l-noradrenaline (expressed as bases) was 0.95 (0.86–1.03). In aliquots of the alumina eluates, the concentrations of noradrenaline and adrenaline were estimated by differential fluorometry⁸. α -Methylnoradrenaline exhibited only 3.8% of the fluorescence of noradrenaline and less than 1% of that of adrenaline. Differential estimation of noradrenaline and α -methylnoradrenaline could therefore be performed by using the biological and fluorometric assay procedures. In control experiments, when there was no α -methylnoradrenaline in heart extracts or perfusates obtained after sympathetic stimulation or DMPP, the concentration of noradrenaline found biologically agreed well with the result of the chemical estimation (Figure). If, however, the myocardium or the perfusates were obtained from rabbits pretreated with α -methyldopa, the % ratio, fluorometric activity/pressor activity, fell significantly to less than 50% (Figure).

The noradrenaline concentration in the right ventricle of the perfused hearts of untreated rabbits was 1.39 ± 0.12 μ g/g as estimated on the blood pressure, and 1.40 ± 0.09

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